

Autism Diagnostic Observation Schedule (ADOS) 2 - Assessment at Pinarc



Autism Spectrum Disorder (ASD) is a neurodevelopmental disability that affects the way people communicate and interact with the world. Characteristics generally appear in early childhood and will be present, in some form, for life (Amaze; 2019-2021).

Autistic people may have:

- challenges with communicating and interacting with others
- repetitive and different behaviours, moving their bodies in different ways
- strong interest in one topic or subject
- unusual reactions to what they see, hear, smell, touch or taste
- preferences for routines and dislike change (Amaze; 2019-2021).

The Autism Diagnostic Observation Schedule- Second Edition (ADOS-2) is a standardised assessment of communication, social interaction, play and imagination for individuals who have been referred by a Paediatrician with possible ASD traits. The ADOS-2 consists of a standardised set of activities that allow the examiner to observe behaviours that have been identified as important to the diagnosis of ASD at different developmental ages, these may include, however are not limited to:

- verbal communication skills- echolalia, intonation, stereotype or idiosyncratic use of words, conversational skills
- social Interaction- use of eye contact, facial expressions, nonverbal communication (gesture), shared enjoyment.
- imagination- functional and symbolic play skills.
- behaviour- stereotyped or restricted interests, sensory behaviours, hand and finger mannerisms, anxiety.

An ADOS-2 assessment does not formally diagnose an individual with ASD, however, is one tool in the process of receiving a diagnosis. The formal diagnosis should come from the Paediatrician supporting the individual.

The full Pinarc assessment process involves:

1. Initial interview at the clinic with a parent and the therapist to discuss your concerns, observations and background information. A sensory profile assessment may also be completed if deemed appropriate. The child is not present for this appointment.
2. The ADOS-2 assessment at the clinic with your child, a therapist and the Allied Health Assistant (AHA). A parent is required to be present for the extent of the assessment.
3. Report writing by the therapist.
4. **Finally**, a feedback session at the clinic with a parent and the therapist. The child is not present for this appointment.

How much does it cost?

Between \$1200 and \$1500

How do I register?

Please contact intake on 5329 1300 or intake@pinarc.org.au

