

# Adult Holiday Program Details



## Program Hours and Location

Standard hours: 9:00am - 3:00pm

The program is located at Pennyweight, 222 Otway Street South, Ballarat

We offer both a center-based and community based options throughout the week.

To ensure adequate staffing and safety, please arrive on time for both drop-off and pick-up.

Note: Additional NDIS fees will apply if you are dropped off or picked up outside of these times, as staff will be required to provide extended support.



## Health & Safety - COVID-19 & General Wellbeing

We remain committed to the health and safety of all participants and staff by following the latest advice from the Department of Health and Human Services.

Please help us by:

- Staying home if you are unwell
- Informing staff if you have been in contact with anyone unwell.
- Understanding that if you become unwell during the day (e.g. cough, fever, runny nose), your carer will be contacted to collect you promptly.

Our staff will continue:

- Regular cleaning of equipment and high-touch areas.
- Supporting participants with hand hygiene throughout the day.



## What to Bring Each Day

To ensure you are comfortable and fully prepared, please pack the following items daily:

- Packed lunch
- Morning tea/snack
- Full drink bottle
- Hat (especially for outdoor activities)
- Weather-appropriate clothing (e.g., rain jacket, warm jumper, sun-safe clothing)
- Comfortable, closed-toe shoes
- Companion Card (if applicable)
- Any necessary personal care items
- Medications (see details below)



## Medication Guidelines

If you require medication during the program, please ensure the following:

- All prescription medications must be provided in a Webster Pack, containing no more than one week's supply.
- A current Medication Treatment Sheet, signed by your GP or specialist, must accompany all prescribed medications. This must be updated annually or when there are any changes in medication or dosage.

Restrictive medications (as defined by NDIS) may require a Behaviour Support Plan (BSP). If this applies to you, our team will guide you through the process.



## Program Costs

Out-of-pocket costs cover program resources, materials, and activities. Payment options:

- EFTPOS only (no cash accepted) - please speak to a staff member.
- Alternatively, if you've opted to be invoiced or use your NDIS Core Supports budget, this will be processed at the conclusion of the program.

Our program operates under the NDIS pricing guide, with support provided based on each participant's individual needs. Charges are applied according to the appropriate staff-to-participant ratio you require (e.g. 1:1 or 1:3). These costs will be claimed from your NDIS Core Supports budget under Community, Social and Recreational Activities. If you're unsure about your support ratio or funding, please contact us—we're happy to help clarify this with you.

# Adult Holiday Program



## Mon 7 July World Chocolate Day



Cost: \$10 for activity  
resources

Time: 9am-3pm

Today is all about  
chocolate! Chocolate  
pancakes, chocolate  
making, cocoa  
playdough, chocolate  
games.

## Tues 8 July Imagine Live at Her Majesty's Theatre



Cost: \$22 + transport  
Time: 9am-3pm

Sing your way through the  
pages of Alison Lesters  
best selling book. Watch  
the book spring to life  
before your eyes

## Wed 9 July Swimming & Winter Craft



Cost: \$15 for activity  
resources and pool use

Get creative with some  
winter inspired craft  
before having a dip in our  
warm pool onsite.

## Thurs 10 July Movies & Pizza



Cost: \$18.50 for Movie +  
approx. \$25 lunch +  
transport

We will make our way to  
Showbiz cinemas at DTC  
to watch one of the latest  
movies before having  
pizza for lunch at Town &  
Country Pizza.

## Fri 11 July Swimming & Winter Warmers



Cost: \$15 for activity  
resources & pool use

Swim in our pool here  
onsite before indulging in  
some Winter warmer  
treats